



Welcome – We hope this issue finds you safe and well

The HSfB Noticeboard this month is packed with goodness again – lots of new downloads, legislation updates, a few site statistics, useful websites and your safety toolbox...all for **FREE**. Not only that, the results of the NEBOSH General Certificate have finally arrived. Read some of the fantastic success stories in our discussion forums.

Some of you may have followed little Oscar's story on the forums. Oscar's Gran has been raising money to help others like little Oscar by shaving her head! Read all about it in our forums and visit Oscar's Blog to watch the head shave video! It's also not too late to make a donation.... [LINK](#)

Your Articles

Have you created any articles relating to health, safety or environmental issues at work? Would you like to publish them on HSfB so that they can help somebody in the future? If so, let us know and your article will be published in **Your Articles** pages. We will publish your articles, long or short, as long as they relate to health, safety and the environment in some way or another. You may be a specialist in a particular subject, or you simply want to take an interest in something, research it and write about it.

Send you articles to: hsfb@healthandsafetytips.co.uk

Site Updates

New Downloads	Legislation Updates
<ul style="list-style-type: none">➤ There have been so many downloads and updates added to the site since Issue 62 of the HSfB Noticeboard that we needed an extra page just to show you them all!➤ See below for 18 new additions to the site.	<ul style="list-style-type: none">➤ Containment of Bulk Hazardous Liquids at Control of Major Accident Hazards Establishments➤ Corporate Manslaughter and Corporate Homicide Act 2007➤ The Plant Protection Products (Amendment) Regulations 2007➤ The Plant Protection Products (Amendment) Regulations (Northern Ireland) 2007➤ The Controls on Dangerous Substances and Preparations (Amendment) Regulations 2007

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Not Us Woodturning



Site Updates

New Downloads & Other Additions

- | | |
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| <ul style="list-style-type: none">➤ Harmful Substances by Eddie Cummings➤ RIDDOR by Nick Higginson➤ Routes of Attack by Nick Higginson➤ RPE by Nick Higginson➤ SSoW by Nick Higginson➤ Structural Safety by Nick Higginson➤ Transport by Nick Higginson➤ WRULDs by Nick Higginson | <ul style="list-style-type: none">➤ Maintenance by Nick Higginson➤ Management Regs by Nick Higginson➤ Material Failure by Nick Higginson➤ Movement of People and Materials by Nick Higginson➤ NDT Summary by Nick Higginson➤ Noise by Nick Higginson➤ Organisations by Nick Higginson➤ Other Law by Nick Higginson➤ Pressure Systems by Nick Higginson➤ Radiation by Nick Higginson |
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4D Scanner Appeal Hair-raising Fundraiser

Joining the ranks of many follicly challenged people... not least her own Grandson, Oscar...
Lynne Ratcliffe is doing a **Sponsored Head Shave** to raise funds for Heart Link.

Through fundraising Heart Link has been able to :

- ♥ Provide accommodation for parents and siblings to stay in the hospital near their sick child,
- ♥ Fund vouchers for parents to buy food in the hospital,
- ♥ Purchase lifesaving paediatric medical equipment such as the 4D scanner,
- ♥ Finance several pioneering techniques to provide the best possible chances of survival,
- ♥ Build facilities at Glenfield Hospital for children & their families including a playzone, family rest room & bedrooms,
- ♥ Run a 24 hour free telephone helpline to offer support & assistance to parents of children with heart defects,
- ♥ Hold annual parties & outings for those children & their siblings,
- ♥ But best of all for us..... **Heart Link gave Oscar a chance of life.**



Please give your support - <http://hairraising.blog.co.uk/>

HSfB Statistics

Most Popular Downloads for July	General Statistics – July
<ol style="list-style-type: none"> 1. CR NEBOSH Notes by Carl Royston 2. HAVS Levels Database by Mark Sutton 3. RIDDOR by Coldrop 4. Contractors Health and Safety Information Leaflet by Lisamw 5. Health and Safety Contractors Questionnaire (more than 5 employees) by Lisamw 6. Toolbox Talks Programme by Otto 7. Mnemonics for H & S by Mike Riley 8. Health and Safety Induction Checklist by Lisamw 9. NEBOSH Certificate Fire Safety by Terry Robson 10. Ladder Pre-use Checklist by Lisamw <p style="text-align: center;">Click HERE for Downloads</p>	<ul style="list-style-type: none"> ➤ Average Daily Visits – 1,339 ➤ Maximum Daily Visits – 1,791 ➤ Visits – 51,318 ➤ Bandwidth – 17,001MB ➤ Total Overall Visits – 1,061,003 ➤ Forum Members to date – 1,562 ➤ Newsletter Subscribers – 1,195



Safety Toolbox



This section will give you snippets of downloads available from HSfB and a few other useful links/tools.

A Selection of Recent Discussion Forum Topics

240 Volts on Site

"Is there anything written down that a 240v cable reel (not DIY) complete with circuit breaker built into the plug, cannot be used on a construction site?"

Fluorescent Tubes – Average Life

"We have two sites with modern offices. The lighting is mainly fluorescent "squares" in the false ceilings. Most of these units contain 3 of these tubes. Making 1,485 tubes in total. Can anyone help me establish what the average life of a tube should be?"

I Have Passed

"Ya hoo!!! I have passed, I got my results this morning and boy am I glad, only 3 points off a credit as well. I would just like to say a big thank to this site especially as some of the hints that the members have posted on here no doubt helped me a lot, especially coldips examination tips."

Maybe you can answer some of the forum questions, or have some of your own? Join in, it's all FREE!

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- www.hsfbarticles.blogspot.com
- www.hsfbsitenews.blogspot.com
- Your Articles Feed:
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- Discussion Forums Feed:

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4D Scanner Appeal Hair-raising Fundraiser

Hair Raising
Lynne Ratcliffe shaves her head for charity

Please visit little Oscar's blog and help support their fund raising campaign for Heart Link.

<http://hairraising.blog.co.uk/>

HSfB Discussion Forums

Why not come along and search our community forums to answer your day to day queries, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all **FREE....**

"There is no such thing as a "stupid" or "daft" health and safety question!"

Notice Board and Featured Websites

Ian Rienewerf Environmental Management Services – Networking Events

For Health & Safety / Environmental / Quality managers and engineers to get together with bright ideas. The idea is simple, we host a few sessions to keep in touch with friends & professionals who continue to support our risk management work.

We never stop learning, and the meetings provide valuable professional advice at the right price – FREE

CITB Guidance for CDM Regulations

The CDM 2007 Regulations came into force on the 6th April 2007. The CITB website gives you guidance on the latest changes and their implications.

www.irems.co.uk



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Please feel free to contact HSfB if you have any suggestions on how to improve our service and if you have any comments, queries or if you would like to advertise with us.

feedback@healthandsafetytips.co.uk

Health and Safety for Beginners – HSfB

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