

We hope this issue finds you safe and well

HSfB is about to reach another milestone in our development – 1000 registered users on our discussion forums and nearly 56,000 articles. This makes our forums an excellent resource for finding everyday solutions to everyday questions at the click of a mouse. To top it all off, it's all FREE!

If you would like to contribute or simply browse the thousands of solutions, why not come along and have a look for yourself? Even if you haven't used a discussion forum before, it's fairly straight forward and there are many features to allow you to customise things to suit yourself.

We would love you hear your input; it doesn't even have to be safety related. Click the link to take you there – [HSfB Discussion Forums](#)

We hope you enjoy this issue and please feel free to pass it on!

Suspension trauma – are you prepared?

Suspension trauma (ST), also known as orthostatic intolerance or harness hang syndrome, can be a killer. It's only recently that industry regulators, rescue teams and those that wear harnesses as part of their work have started to take notice. The driving force has been the arrival of the Work at Height Regulations 2005.

You can read this article by clicking the following link: [Your Articles](#)

Your Articles

Site News Including New Downloads

- One download has been updated - [HAVS Levels Database](#) by Mark Sutton

Site News

Regulation and Consultation Updates

- [The Disability Discrimination Code of Practice \(Goods, Facilities, Services and Premises\) \(Revocation\) Order 2006](#)
- [The Disability Discrimination Act 1995 \(Amendment\) \(Further and Higher Education\) Regulations 2006](#)
- [Proposals to implement the second list of indicative occupational exposure limit values \(European Directive 2006/15/EC\)](#)
- [HSC's Proposal for Work at Height \(Amendment\) Regulations](#)

Legislation News

Would you like to advertise your products and services in this newsletter?

If you would like to advertise with us in this newsletter (currently reaching **662** targeted subscribers) or on the main site, please send a request to the following email address:

info@healthandsafetytips.co.uk



If you would like to stop receiving these newsletters, simply click on the [Subscribe/Unsubscribe link](#) at the foot of this newsletter.

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[HSfB Community Forums](#)

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all **FREE**....

6 August 2006 - [DRC Proposes Change to Definition of Disability](#)

The Disability Rights Commission (DRC) is recommending to Government that disability discrimination law moves away from protecting groups of 'disabled' people and in favour of protecting anyone who experiences discrimination on the grounds of an impairment they may have.

3 August 2006 - [HSE Consultation on New Workplace Exposure Limits](#)

Workplace Exposure Limits (WELs) are concentrations of hazardous substances in the air, approved by the Health and Safety Commission (HSC). Employers have a responsibility to ensure that these limits are not exceeded in order to protect the health of workers.

2 August 2006 - [New HSE Research Reports Published](#)

The Health and Safety Executive (HSE) has published new research reports. Click the links below to read more.

- [RR481 Recommended practice for magnetic flux leakage inspection of atmospheric storage tank floors](#)
- [RR480 The use of mass media interventions for health care messages about back pain](#)
- [RR454 Probability of detection \(POD\) curves](#)
- [RR482 Further development of an IIG/HSE e-learning health and safety risk education package](#)
- [RR474 The true cost of occupational asthma in Great Britain](#)

2 August 2006 - [HSE Statement on Barrow Legionella Prosecution](#)

The Health and Safety Executive (HSE) have issued a statement on the Barrow Legionella prosecution. We have highlighted the statement and provided a link to the HSE's website where you can read the full statement.

"HSE would like to express sympathy to people of Barrow, in particular the families of the seven residents who died following the outbreak in the summer of 2002 and the 180 people who suffered from Legionnaires' disease. Our thoughts are with all those who are still trying to deal with the consequences of this tragic event."

2 August 2006 - [New HSE Guidance for Shiftworkers](#)

The Health and Safety Executive (HSE) has published new guidance which aims to raise awareness of the health and safety risks of shift work and suggests sensible measures employers, safety representatives and employees can use to reduce the negative impact of shift work.

1 August 2006 - [HSC's Proposal for Work at Height \(Amendment\) Regulations](#)

The Health and Safety Commission (HSC) has launched a 13-week consultation on a proposal to amend the current Work at Height Regulations 2005 (WAHR). The consultation sets out their application to those who work at height providing instruction or leadership to one or more persons engaged in caving or climbing by way of sport, recreation, team building or similar activities in Great Britain.

[Top 10 Downloads](#)

1. [HAVS Levels Database](#) by Mark Sutton
2. [FIRE RISK ASSESSMENT](#) by Claire Odd
3. [NEBOSH Certificate Fire Safety](#) by Terry Robson
4. [Safety Induction](#) by Malcolm Strong
5. [Lifting and Handling Techniques](#)
6. [The Toolbox Talk Programme](#) by Otto
7. [NIOSH Chemical Pocket Guide](#) by Amjad Ata
8. [CR NEBOSH Notes](#) by Carl Royston
9. [Risk Assessment](#) by Nick Higginson
10. [Basic Principles of Electrical Safety](#)

[Stats for July](#)

Av'g Daily Visits – 731

Max Daily Visits – 1,049

Visits – 26,195

Bandwidth – 16,600MB

Total Visits – [580,593](#)

Forum Members – 903

News Subscribers – 662

More News

- 30 July 2006 - [An Investigation into Cyberbullying](#)
- 31 July 2006 - [Directgov Launches Blue Badge Parking Bay Map](#)

A new interactive online service has recently been launched by www.direct.gov.uk, which will make it much easier for disabled people to find Blue Badge scheme parking bays in many cities across the UK.

The new mapping facility is the first of its kind and will enable people to search by postcode or town/area name for designated Blue Badge parking bays...

Photo of the Week & Joke of the Week from Safetyphoto.co.uk and our Forums

With thanks to Stoker at Safetyphoto for bringing us safety photos, environmental photos, safety case law, books and jokes. These jokes should be taken as light hearted fun, no more, no less.

Negotiations – with thanks to Safety Information Resources on the Internet

Negotiations between union members and their employer were at an impasse. The union denied that their workers were flagrantly abusing the return-to-work provisions of the workers' compensation program set out by their contract.

One morning at the bargaining table, the company's chief negotiator held aloft the morning edition of the newspaper, "This man," he announced, "is on workers' compensation!"

There on the sports page, was a photo of the supposedly injured employee, who had just won a local golf tournament with an excellent score.

A union negotiator broke the silence in the room. "Wow!" he said. "Just think of what kind of score he could have had if he hadn't been injured so badly!"



Trench Box - Wonder why these contractors are not on approved list anymore?

enricoSmog

If you do not know how to make reasonable adjustments and you are called upon to do so - you may risk costing your employer a lot of money and adverse publicity.

There are numerous cases that make it clear that the employer must make every effort to make workplace adjustments but too many employers who when required to do so, run around like headless chickens.

This need not be the case. The course book '[How to undertake personal risk assessments and make reasonable adjustments for disabled workers](#)' will show you where to start the assessment, the stages, and provide many examples (over 131 pages of examples in the handbook) of what to do, it will also concentrate on the parts where most people fall down and then fall foul of the law.

[Handbook](#)



Notice Board and Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

If you want to use this free Notice Board and Featured Site area, please send an email with a request and you will be placed in the queue for a free advertising spot.

[Rubbish, junk, trash: Take action on Scotland's Waste – Waste Awareness Course](#)

[Fire Safety Services - www.firesafetyadvisor.co.uk](#)

[Engineer Jobs - www.justengineers.net](#)

[Drugs in the Workplace - www.drugs.gov.uk](#)

[Safety Cartoons - www.cartoonstudio.co.uk](#)

[Arrive Alive, A Highway Code for Youngsters - www.thinkroadsafety.gov.uk](#)

[Enabling Computers - www.enablingcomputers.com](#)

[Material Safety Data Sheets - www.chm.bris.ac.uk](#)



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Send your feedback comments here:

feedback@healthandsafetytips.co.uk

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About Our Organisation...

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM. Our Media/Marketing Coordinator is Alexandra Johnston.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news and legislation.

Health and Safety for Beginners – HSfB

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