

We hope this issue finds you safe and well

As part of our future development plans to help provide you with an even better service, we have improved our discussion forums to include sections dedicated to job seekers and recruitment agencies. The new sections will provide the ability for people to let employers know of their availability for work, with new sections for recruitment agencies and employers who wish to provide information on new opportunities for health and safety professionals.

Our job seekers section can be found here: [Job Seekers](#)

Our employers and agencies section can be found here: [Employers and agencies](#)

We hope you enjoy this issue and please feel free to pass it on!

Changes to the Rule for Training of Drivers of Vehicles carrying Dangerous Goods

Currently drivers of vehicles with a permissible maximum mass exceeding 3.5 tonnes have to possess an ADR training certificate.

From 1st January 2007 the exemption for drivers of vehicles less than 3.5 tonnes expires. From that date drivers of all vehicles that carry dangerous goods will be required to hold a vocational training certificate (ADR).

You can read this article by clicking the following link: [Your Articles](#)

Your Articles

Site News Including New Downloads

- A new download has been added which should be read in conjunction with the new article highlighted above - [Carriage of Dangerous Goods Exemption Book A4 Size](#)

Site News

Regulation and Consultation Updates

- [The Electromagnetic Compatibility \(Amendment\) Regulations 2006](#)
- [The Contaminated Land \(England\) Regulations 2006](#)

Legislation News

Would you like to advertise your products and services in this newsletter?

If you would like to advertise with us in this newsletter (currently reaching **633** targeted subscribers) or on the main site, please send a request to the following email address:

info@healthandsafetytips.co.uk

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[Contents](#)

🔗 [Site News](#)

🔗 [Legislation](#)

[News](#)

🔗 [Advertise](#)

🔗 [News](#)

🔗 [More News](#)

🔗 [Photo & joke of the week](#)

🔗 [Notice Board](#)

[Useful Links](#)

- [A.S.A.T.S](#)
- [enricoSmog](#)
- [Fife Chamber of Safety](#)
- [IonActive](#)
- [Safetyphoto](#)
- [Victorian WorkCover Authority](#)

10 July 2006 - [Job Strain Linked to High Blood Pressure](#)

A recent study published in the American Journal of Public Health by medical researchers at Laval University in Quebec, Canada, has concluded that stressed-out workers with little social support on the job are at risk from high blood pressure.

The study of more than 8000 professionals carried out between 1991 and 1993, with a follow-up over 7 years later reassessing 84% of the participants to estimate cumulative exposure to job strain.

8 July 2006 - [HSC Annual Report and HSC/E Accounts](#)

This new report deals with the delivery of the Commission's Business Plan 2005-06, together with other key developments in the organisation during the year. In particular, it records achievements against the Commission's strategic themes and provides detailed examples of key programme work. It also shows operating costs of the Commission and Executive and a statement of the financial position at the year-end.

8 July 2006 - [Legal Age for Buying Tobacco to Increase](#)

Public health minister Caroline Flint has recently unveiled plans to crack down on the numbers of teenagers who smoke.

Three significant plans are to raise the minimum legal age of buying tobacco from 16 to 17 or 18 and imposing tougher sanctions on retailers who persist in selling cigarettes to under-age teens. The legal age for the purchase of tobacco products has been 16 since 1908. Proposals to toughen up these sanctions include prohibition orders that will ban repeat offenders from selling tobacco. The introduction of prohibition orders would mean a major new penalty, particularly for shops who rely on tobacco sales for much of their turnover.

5 July 2006 - [New Powers to Tackle Abuse of Blue Badge Scheme](#)

New measures to tackle the abuse of the Blue Badge Scheme for disabled people will come into force from 29 September 2006 and brings into force powers under section 94 of the Traffic Management Act 2004. The new powers will give the police, traffic wardens, local authority parking attendants and civil enforcement officers the ability to inspect blue badges as part of their normal enforcement duties.

4 July 2006 - [Warrington Construction Sites can expect HSE Inspections in July](#)

The Health and Safety Executive (HSE) are set to carry out their campaign on construction site inspections this July in Warrington. They will be concentrating their attentions on the significant risks that are responsible for many of the '*serious and fatal accidents each year*'.

2 July 2006 - [The National Archives and the Office of Public Sector Information to Merge](#)

The National Archives and The Office of Public Sector Information (OPSI), which is currently attached to the Cabinet Office, are set to merge, creating a stronger centre for information management in the public sector enabling a more responsive approach to the challenges of new technology.

[Top 10 Downloads](#)

1. [HAVS Levels Database](#) by Mark Sutton
2. [FIRE RISK ASSESSMENT](#) by Claire Odd
3. [NEBOSH Certificate Fire Safety](#) by Terry Robson
4. [Safety Induction](#) by Malcolm Strong
5. [The Toolbox Talk Programme](#) by Otto
6. [CR NEBOSH Notes](#) by Carl Royston
7. [Risk Assessment](#) by Nick Higginson
8. [Lifting and Handling Techniques](#)
9. [NIOSH Chemical Pocket Guide](#) by Amjad Ata
10. [Mnemonics for H & S](#) by Mike Riley

[Stats for July so far](#)

Av'g Daily Visits – 708
Max Daily Visits – 930
Visits – 8,894
Bandwidth – 6,662MB
Total Visits – **533,063**
Forum Members – 849
News Subscribers – 633

Nut Vs Wood Turning

HSfB:
"There is no such thing as a "stupid" or "daft" health and safety question!"

**Coldrops
Health and Safety
Site**

More News

➤ 29 June 2006 - Latest HSE Research Reports

The Health and Safety Executive (HSE) have produced various research reports, each of which can be accessed from the HSE Website by clicking the relevant link from within our news article.

Photo of the Week & Joke of the Week from Safetyphoto.co.uk and our Forums

With thanks to Stoker at Safetyphoto for bringing us safety photos, environmental photos, safety case law, books and jokes. These jokes should be taken as light hearted fun, no more, no less.

Interesting Facts...just in case you were wondering

- All of the clocks in movie Pulp Fiction are stuck on 4:20.
- On a Canadian two dollar bill, the flag flying over the Parliament building is an American flag.
- If she were life size, Barbie's measurements would be: 39-23-33.
- No word in the English language rhymes with month, orange, silver or purple.
- "Dreamt" is the only English word that ends in the letters "mt".
- All 50 states are listed across the top of the Lincoln Memorial on the back of the \$5 bill.
- Assuming proper typing, "Stewardesses" is the longest word that is typed with only the left hand.
- Maine is the only state whose name is just one syllable.
- There are only four words in the English language which end in "-dous": tremendous, horrendous, stupendous, and hazardous.
- Los Angeles' full name is "El Pueblo de Nuestra Senora la Reina de los Angeles de Porciuncula" and can be abbreviated to 3.63% of its size, "L.A."
- A cat has 32 muscles in each ear.



Scortched chair



enricoSmog

If you do not know how to make reasonable adjustments and you are called upon to do so - you may risk costing your employer a lot of money and adverse publicity.

There are numerous cases that make it clear that the employer must make every effort to make workplace adjustments but too many employers who when required to do so, run around like headless chickens.

This need not be the case. The course book '[How to undertake personal risk assessments and make reasonable adjustments for disabled workers](#)' will show you where to start the assessment, the stages, and provide many examples (over 131 pages of examples in the handbook) of what to do, it will also concentrate on the parts where most people fall down and then fall foul of the law.

[Handbook](#)

[HSfB Community Forums](#)

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all **FREE**....

Notice Board and Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

If you want to use this free Notice Board and Featured Site area, please send an email with a request and you will be placed in the queue for a free advertising spot.

[Work Positive – www.hebs.com/workpositive/](http://www.hebs.com/workpositive/)

Work Positive has been developed by the Health Education Board for Scotland (HEBS), now NHS Health Scotland and the Health and Safety Authority (HSA, Ireland) to help organisations address this very important health and safety issue - stress at work.



[Industrial Noise and Vibration Centre – www.invc.co.uk](http://www.invc.co.uk)

The INVC specialises in “best practice” and innovation in all aspects of Noise and Vibration - from assessment to control and from training to specialist instrumentation.

[Hand-Arm Vibration Test Centre \(HAVTEC\) - www.operc.com/pages/havtecwelcome.asp](http://www.operc.com/pages/havtecwelcome.asp)

HAVTEC is the OPERC vibration testing facility. It provides independent assessment of the hand-arm vibration (HAV) exposure that an operator will be exposed to from the use of mechanical hand-held power tools. The results of the tests are recorded on the HAVTEC register, which is made available through the OPERC website.



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[About Our Organisation...](#)

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM. Our Media/Marketing Coordinator is Alexandra Johnston.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news and legislation.

Health and Safety for Beginners – HSfB

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