

## We hope this issue finds you safe and well

*HSfB is growing at an amazing rate!* You will notice from our site statistics section below that we have increased in size quite dramatically since Issue 39. Forum membership has increased by 31 new members; newsletter readership has increased by 20 and we have had over 32,000 visitors to the site in March with an average of 1,000 visitors per day! **Thank you all so much.**

Just a reminder, you can now use the shortened version of our web address [www.hsfb.co.uk](http://www.hsfb.co.uk) as well as our original [www.healthandsafetytips.co.uk](http://www.healthandsafetytips.co.uk) to find us.

## We hope you enjoy this issue and please feel free to pass it on!

### [Everything You Need to Know to Pass the A1 Management Paper](#)

The discussion forums really do bring some excellent advice on a wide range of subjects, including hints and tips on how best to approach NEBOSH exams. One of our members, Otto, has kindly written another fantastic study aid which is aptly named – Everything You Need to Know to Pass the A1 Management Paper.

The article outlines information that NEBOSH expects candidates to know for the management exam and quite frankly, information that all health and safety professionals should know. Ranging from the basics of the HSWA to the Six Pack Regulations, HS(G)65, noise, stress, maintenance, permit-to-work and COSHH among others.

This article is a must for any budding health and safety professional!

You can read this article by clicking the following link: [Your Articles](#)

### Your Articles

#### Site News Including New Downloads

- No site news in this issue.

### Site News

#### Regulation and Consultation Updates

- No legislation updates in this issue.

### Legislation News

Would you like to advertise your products and services in this newsletter?

If you would like to advertise with us in this newsletter, or on our main pages, please send a request to the following email address:

[info@healthandsafetytips.co.uk](mailto:info@healthandsafetytips.co.uk)

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### 30 March 2006 - [Glasgow Hospitals Introduce iPod Software Training](#)

iPOD Voicemap Software, developed in Australia, has been introduced into two of Glasgow's top hospitals, to assist in the training of new recruits.

The two hospitals using the MP3 players are Glasgow's Royal Infirmary and Labour ward and Neonatal unit at the Princess Royal Maternity Hospital.

The iPod training technology provides new recruits with an audio induction to the workplace, followed by a computer-based knowledge test.

### 30 March 2006 - [Law Society Calls for Urgent Action to Protect Lawyers](#)

The Law Society of England and Wales, the professional body for solicitors, have sent out a warning to the Health and Safety Executive (HSE) that "it is only a matter of time" before a serious injury occurs if solicitors have to continue interviewing potentially violent or abusive suspects alone in locked cells or rooms.

### 28 March 2006 - [14 Years Jail for Cockle Picker Tragedy](#)

Mr. Justice Henriques has today (Tuesday), imposed a 14 years prison sentence upon Gangmaster Lin Liang Ren, following the manslaughter of 21 cockle pickers (plus 2 never found), who tragically died at Morecambe Bay on 5 February 2004.

12 years was for the manslaughter charges, 6 years for the facilitation charges to run concurrently, with a further 2 years for conspiracy to pervert the course of justice to run consecutively.

### 28 March 2006 - [HSE Seek Your Views Prior to Advising DTI](#)

The Health and Safety Executive (HSE) have been asked for advice by the Department of Trade and Industry (DTI) on "the potential role of pre-licensing assessments of candidate designs of nuclear power stations."

Prior to submitting their advice to the DTI, the HSE would like your views on HSE's thoughts, as they review their strategy for regulation of nuclear power stations.

### 27 March 2006 - [New Control of Noise Regulations Reminder to Employers](#)

With just over a week until the new Control of Noise Regulations come into force on 6 April, 2006, the Health and Safety Executive (HSE) have been campaigning to remind employers what their duties will be under the new Regulations.

### 27 March 2006 - [HSE's Watch Out For Your Bin Man Initiative](#)

An initiative, "Watch out for your bin man", launched by the Health and Safety Executive (HSE), aims at reducing the number of injuries to waste collection workers, by calling upon the assistance of householders.

71,000 information leaflets have been distributed to Leicestershire households highlighting three simple steps householders can take to help prevent injuries of their waste collection workers.

#### Top 10 Downloads

1. NEBOSH Certificate Fire Safety by Terry Robson
2. Toolbox Talks by Otto
3. Mock Practical Observation Sheets
4. Safety Induction by Malcolm Strong
5. Mock Practical Report
6. The Jane Riley Revision Pack
7. Coldrop's Example Practical Exam – Inspection Report
8. Management Style Questions – Paper 1 by HSfB
9. Acts and Regulations to Remember for NEBOSH Certificate by HSfB
10. Manual Handling Assessment Chart Prelim by Juli Warder

#### Stats March

Av'g Daily Visits – 998  
Max Daily Visits – 1,450  
Visits – 32,733  
Bandwidth – 24,550MB  
Total Visits – 391,703  
Forum Members – 670  
News Subscribers – 512

## More News

- 24 March 2006 - [HSE Information on Powered Rolling Doors and Risks to Children](#)
- 23 March 2006 - [HSE Cautionary Warning on Misuse of Retractable Type Fall Arrestors](#)
- 21 March 2006 - [HSE Good Practice Case Studies on Work from Height](#)
- 21 March 2006 - [HSE Advice on LOLER for Arboriculture Sector](#)

## Photo of the Week & Joke of the Week from [Safetyphoto.co.uk](#) and our Forums

With thanks to Stoker at [Safetyphoto](#) for bringing us safety photos, environmental photos, safety case law, books and jokes. These jokes should be taken as light hearted fun, no more, no less.

### How Tall

Once, an engineer, a physicist and a safety officer all applied for the same job. The person interviewed all three, and thought all were excellent. He had to think of some way to find the best person. So he told them all to come back the next day and tell him the exact height of the building. The one who was closest would get the job.

The physicist went to the top of the building, and dropped iron balls to the ground, and had his friend timed the balls. He did this several times.

The engineer got out a sextant, and computed ratios of a yardstick to the building, etc.

The next day, the manager asks all three of them to tell how tall the building is.

"75 feet, 2.8 inches" says the physicist.

"76 feet, 4.1 inches" says the engineer.

"75 feet, 8.4 inches" says the safety officer.

"My God!" said the manager, "the safety officer got it exactly correct! How did you manage that?"

"Well", said the safety officer, "I went down to planning department and looked up the height in the building records."



Forklift - front roll/tip



## enricoSmog

If you do not know how to make reasonable adjustments and you are called upon to do so - you may risk costing your employer a lot of money and adverse publicity.

There are numerous cases that make it clear that the employer must make every effort to make workplace adjustments but too many employers who when required to do so, run around like headless chickens.

This need not be the case. The course book '[How to undertake personal risk assessments and make reasonable adjustments for disabled workers](#)' will show you where to start the assessment, the stages, and provide many examples (over 131 pages of examples in the handbook) of what to do, it will also concentrate on the parts where most people fall down and then fall foul of the law.

[Handbook](#)

### [HSfB Community Forums](#)

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all FREE....

# Notice Board and Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

*If you want to use this free Notice Board and Featured Site area, please send an email with a request and you will be placed in the queue for a free advertising spot.*

## [Ian Blenkarn - Environmental & healthcare microbiology - www.ianblenkarn.com](http://www.ianblenkarn.com)

Ian Blenkarn is an independent healthcare and environmental microbiologist specialising in clinical wastes management, bio-safety, hospital hygiene and the prevention of healthcare-associated infection.

A new **Clinical Waste Discussion Forum**, accessible at this web site, offers a focal point for the dissemination of information concerning every aspect of clinical waste management, a soapbox from which to share news, views and opinion, and an exchange for practical knowledge in the hope of promoting best practice.

## [T&E Crane Solutions Ltd - www.contract-lift.com](http://www.contract-lift.com)

T&E Crane Solutions Ltd provide a bespoke service to clients who have either a limited experience in modern day Lifting Operations or existing companies who wish to expand their expertise. All the necessary Risk Assessments, Method Statements and Berthing studies can be supplied.



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Send your feedback comments here:

[feedback@healthandsafetytips.co.uk](mailto:feedback@healthandsafetytips.co.uk)

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Please be sure to read our [Privacy Policy](#)

### [About Our Organisation...](#)

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM. Our Media/Marketing Coordinator is Alexandra Johnston.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news and legislation.

**Health and Safety for Beginners – HSfB**

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