

## We hope this issue finds you safe and well

Friday was a special day for HSfB when we celebrated two years of providing you with various useful resources, up to date news and an ever growing friendly discussion forum. You can read a few of our birthday wishes on the forums below in the news section. Thank you all for your amazing support over the past two years.

Just to make things slightly easier, you can now use the shortened version of our web address [www.hsfb.co.uk](http://www.hsfb.co.uk) as well as our original [www.healthandsafetytips.co.uk](http://www.healthandsafetytips.co.uk) to find us.

## We hope you enjoy this issue and please feel free to pass it on!

### The Control of Noise at Work by [www.ncbcbuilder.co.uk](http://www.ncbcbuilder.co.uk)

The forthcoming regulations require significant reductions in workers exposure to noise. Employers will be required to take action (risk assessment and risk control) to prevent employees suffering noise induced hearing loss.

Exposure to noise (unwanted sound) can lead to permanent hearing loss either by repetitive exposures e.g.: daily use of percussion drills, or by a single exposure to a loud noise e.g.: from a cartridge gun. On the 6 April 2006 the lower exposure action level will be reduced to 80dB(A) (previously 85dB(A)) and the upper exposure action level will drop to 85dB(A) (previously 90dB(A)). Currently it is estimated that over 2.2million workers are exposed to noise levels above 80dbA including over 1 million exposed to levels above 85dbA and 450,000 at levels above 90dbA.

You can read this article in full by clicking the following link: [Your Articles](#)

### Your Articles

#### Site News Including New Downloads

- Three new articles published - **Top Tips for Busting Stress** by Twinkle Toes; **Everything You Need to Know to Pass the A1 Management Paper** by Otto; and this weeks featured article **The Control of Noise at Work** by [www.nhbcbuilder.co.uk](http://www.nhbcbuilder.co.uk)
- New downloads added: various MAC assessment worked examples by Juli Warder; **Work at Height** by Gary H; **Driver Safety** by Grahame Clarke.

### Site News

#### Regulation and Consultation Updates

- The Management of Health and Safety at Work (Amendment) Regulations 2006

### Legislation News

Would you like to advertise your products and services in this newsletter?

If you would like to advertise with us in this newsletter, or on our main pages, please send a request to the following email address:

[info@healthandsafetytips.co.uk](mailto:info@healthandsafetytips.co.uk)

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### [Useful Links](#)

- [A.S.A.T.S](#)
- [enricoSmog](#)
- [Fife Chamber of Safety](#)
- [HCME](#)
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- [Safetyphoto](#)
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### 20 March 2006 - [Age Discrimination Perception Sees Rise in Plastic Surgery](#)

Figures from the British Association of Aesthetic Plastic Surgeons (BAAPS) have shown a rise of 40% in anti-ageing treatments due to facial ageing workers' perception of not being respected, or able to advance their chosen career, because they look older.

### 20 March 2006 - [MI5 Protection against Terrorism Guidance](#)

MI5's National Security Advice Centre (NSAC) have produced an updated document "Protection Against Terrorism", in response to requests from businesses requiring information and guidance for protective security, in the event of a terrorist attack.

### 19 March 2006 - [HSE Prosecution Prompts Warning to Construction Industry](#)

Following the serious injuries of Mr. Calum Redman, a 36 year old labourer and subsequent Health and Safety Executive (HSE) investigation and court case of Pellikaan (Construction) Ltd., London, the HSE have issued a safety warning to the construction industry as a whole.

Mr. Redman received serious injuries whilst working at a new build leisure centre in Royston, Hertfordshire on 13 November 2004. He was buried beneath falling debris from the collapse of the first floor of the building.

### 19 March 2006 - [HSC Consultation on BPD Proposals](#)

Under Section 50(3) of the Health and Safety at Work etc Act 1974 (HSWA) and in compliance with their duty to consult, the Health and Safety Commission (HSC) have issued a Consultation Document on the draft Biocidal Products (amendment) Regulations 2006 for completion of the implementation of the Biocidal Products Directive 98/8/EC (BPD)

### 15 March 2006 - [Textured Coating Asbestos Research Confirms Low-Risk](#)

New research findings by the Health and Safety Laboratory (HSL) confirms, that a license will not longer be required for asbestos containing textured coatings (TC's), as the risks are much lower with this type of asbestos than was once thought.

### 15 March 2006 - [IIAC Industrial Injuries Annual Report](#)

The Industrial Injuries Advisory Council (IIAC) have produced their eighth industrial injuries annual report for 2005/06.

IIAC, the independent scientific body advising the Secretary of State for Work and Pensions within Industrial Injuries Disablement Benefit Scheme, have reported on Vinyl chloride monomer; Silica-related renal and connective tissue diseases; Sporting injuries; and Occupational voice loss.

### 14 March 2006 - [HSE Guidance on Medical Exposure to Ionising Radiation](#)

The Health and Safety Executive (HSE) have provided advice in the form of a Guidance to assist employers who have "control of equipment used in connection with medical exposure to ionising radiation." Although the guidance is not compulsory, it will assist in compliance with the law.

#### [Top 10 Downloads](#)

1. NEBOSH Certificate Fire Safety by Terry Robson
2. Manual Handling Risk Assessment by Steve Carey
3. Mnemonics for NEBOSH by Mike Riley
4. Mock Practical Observation Sheets
5. Basic Principles of Electrical Safety
6. Acts and Regulations to Remember for NEBOSH Certificate
7. NEBOSH - Construction by Bruno Porter
8. Risk Register 2006 by Mark Sutton
9. Safety Induction by Malcolm Strong
10. Management Style Questions – Paper 1 by HSfB

#### [Stats March so far](#)

Av'g Daily Visits – 1,003  
Max Daily Visits – 1,450  
Visits – 20,063  
Bandwidth – 17,770MB  
Total Visits – **358,970**  
Forum Members – 639  
News Subscribers – 492

## More News

- 14 March 2006 - [New HSE Research Reports](#)
  - 12 March 2006 - [HSE Guidance on Manual Handling in Hospitality Industry](#)
  - 12 March 2006 - [HSE Issue Improvement Notices on Suffolk Police](#)
  - 9 March 2006 - [London Police Anti-Stress Initiative Success](#)
- 
- 17 March 2006 - [Your Kind Birthday Wishes for HSfB](#)
  - 17 March 2006 - [More of Your Kind Birthday Wishes for HSfB](#)

## Photo of the Week & Joke of the Week from [Safetyphoto.co.uk](#) and our Forums

With thanks to Stoker at [Safetyphoto](#) for bringing us safety photos, environmental photos, safety case law, books and jokes.

### The good old days

Do you ever feel overworked, over-regulated, under-leisured, and under-benefited? Take heart; things have improved greatly. This notice was found in the ruins of a London office building. It was dated 1852:

This firm has reduced the hours of work, and the clerical staff will now only have to be present between the hours of 6 a.m. and 7 p.m. weekdays.

Clothing must be of sober nature. The clerical staff will not disport themselves in raiment of bright colors, nor will they wear hose unless in good repair.

Overshoes and topcoats may not be worn in the office, but neck scarves and headwear may be worn in inclement weather.

A stove is provided for the benefit of the clerical staff. Coal and wood must be kept in the locker. It is recommended that each member of the clerical staff bring four pounds of coal each day during the cold weather.

No member of the clerical staff may leave the room without permission from the supervisor.

No talking is allowed during business hours.

The craving for tobacco, wine, or spirits is a human weakness ... read the entire joke here: [The Good Old Days](#)



Thanks to T&E Crane Solutions Ltd - Pictures taken at the Stockton festival in August 1999 [not a T&E job] - these are real people dangling!



## enricoSmog

If you do not know how to make reasonable adjustments and you are called upon to do so - you may risk costing your employer a lot of money and adverse publicity.

There are numerous cases that make it clear that the employer must make every effort to make workplace adjustments but too many employers who when required to do so, run around like headless chickens.

This need not be the case. The course book '[How to undertake personal risk assessments and make reasonable adjustments for disabled workers](#)' will show you where to start the assessment, the stages, and provide many examples (over 131 pages of examples in the handbook) of what to do, it will also concentrate on the parts where most people fall down and then fall foul of the law.

[Handbook](#)

### [HSfB Community Forums](#)

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all FREE....

# Notice Board and Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

*If you want to use this free Notice Board and Featured Site area, please send an email with a request and you will be placed in the queue for a free advertising spot.*

## [Child Protection on the Internet – Home Office – Police](#)

This campaign aims to enable parents to feel knowledgeable enough to offer their children good advice to keep them safe on the internet.

For more information on the online campaign, or to hear the radio advertisements, please contact Sharon Sawers on [Sharon.Sawers@homeoffice.gsi.gov.uk](mailto:Sharon.Sawers@homeoffice.gsi.gov.uk)

## [Teachers' TV - www.teachers.tv](http://www.teachers.tv)

Teachers' TV is a channel for everyone who works in education, from heads to NQTs, governors to support staff. Programmes take you inside classrooms and schools across the country to see how good teachers are bringing the curriculum to life and improving schools.

London  
Construction  
Workers  
Forum

HSfB:

*"There is no such thing as a "stupid" or "daft" health and safety question!"*

## Contact Us – Subscribe/Unsubscribe

Please feel free to contact HSfB if you have any comments, queries or if you would like to advertise with us using the contact details on the left.

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Send your feedback comments here:

**[feedback@healthandsafetytips.co.uk](mailto:feedback@healthandsafetytips.co.uk)**

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Please be sure to read our **[Privacy Policy](#)**

### *[About Our Organisation...](#)*

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM. Our Media/Marketing Coordinator is Alexandra Johnston.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news and legislation.

**Health and Safety for Beginners – HSfB**

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