

We hope this issue finds you safe and well

This weeks issue would like to draw your attention to our featured site section in which one of our discussion forum members has taken on the challenge of raising money for Maggie's Cancer Caring Centres. Ian Boslem will be undertaking the mammoth task of trekking for six days up and down the mountains around Cuzco with the goal of reaching Machu Picchu, Peru.

If you can spare any amount of money for this very worthy cause, please visit Ian's page on Justgiving.com which you can find in his section below. Good luck Ian.

We hope you enjoy this issue and please feel free to pass it on!

HSfB is nearly two years old!!

As we approach our second birthday in March, we intend to move forward again onto the next stage of our development. The entire site is currently undergoing redevelopment (again) with the intention of making our pages load faster, even easier to navigate, more compatible with a wider range of internet browsers and more importantly, accessible for a wider audience.

The Changes

The Downloads section has already been revamped where all downloads, with the exception of the revision materials, will be on one page in their relevant categories. This will be launched this week after final tweaks have been ironed out.

The colours and logo will remain the same for the time being, but each page will be based on a single template with cleaner lines, less clutter and easier on the eye. The template will allow any changes to be made over the entire site by simply altering the one template, and with a possible 2,000 pages by the end of 2006, this is essential.

Site Audit – as you may be aware, we have enlisted the help of various volunteers to help audit all materials on the site and this will be launched as an ongoing process within the next few weeks.

Site News Including New Downloads

- A new site statistics page has been created for 2005, you can view the new page here:
[HSfB - Site Statistics 2005](#)

Site News

Regulation and Consultation Updates

- Ionising Radiation (Medical Exposure) (Amendment) Regulations 2006: A consultation
- The Legislative and Regulatory Reform Bill

Legislation News

Would you like to advertise your products and services in this newsletter?

If you would like to advertise with us for as little as **£1** per day (currently under review) or see other available packages, send a request to the following email address:

info@healthandsafetytips.co.uk

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ASATS Making sense of safety - having fun whilst we're doing it.

20 January 2006 - [HSC Asbestos Consultation Coming to an End](#)

The Health and Safety Commission (HSC) consultation inviting businesses and the public views on possible amendment to the legislation on asbestos is due to come to an end on Tuesday 31 January 2006.

The draft consultation proposes changes to the European Asbestos Worker Protection Directive (AWPD) and existing asbestos regulatory framework currently controlling exposure to asbestos...

18 January 2006 - [NASUWT Survey Reveals Abuse of Teachers on Daily Basis](#)

The National Association of Schoolmasters Union of Women Teachers (NASUWT) conducted a survey in the South West of England over a two week period in November 2005, in order to assess the daily abuse, threats and insults teachers have to endure in their workplace.

17 January 2006 - [Stone Handling Safety Awareness for Brent Businesses](#)

The Health and Safety Executive (HSE), the London Borough of Brent Inspectors alongside Occupational Hygienists and Mechanical Engineering specialists will be visiting 19 stone-handling businesses over a 2 day period, commencing on Monday 23 January 2006.

17 January 2006 - [Buncefield Investigation Board Chair Announced](#)

The Health and Safety Commission (HSC) have announced the appointment of the independent chairperson for the Buncefield Oil Depot incident which occurred on 11 December 2005.

17 January 2006 - [ODPM Announce Delay in Fire Safety Reform](#)

The Office of the Deputy Prime Minister (ODPM) has announced there is to be a delay with the introduction of the new Regulatory Reform (Fire Safety) Order (RRO), which will affect non-domestic premises in England and Wales.

The reason given by the ODPM for the delay is to allow businesses and safety experts more time to prepare for the introduction of the new Regulations.

17 January 2006 - [HSE Workplace Transport Campaign](#)

The Health and Safety Executive (HSE) launched a Workplace Transport Campaign yesterday, Monday 16 January 2006, in the Greater Manchester and Cheshire areas, aimed at reducing deaths and serious injuries involving workplace vehicles.

Figures show that approximately 60 people each year in the UK are killed and 1,850 are seriously injured involving vehicles at workplaces. These incidents occur often when deliveries and pick-ups are being made.

17 January 2006 - [Is Health and Safety too costly for Small Businesses](#)

As part of the Health and Safety Executive's (HSE's) "Better Business Campaign", the HSE commissioned Continental Research to conduct the UK Small Business New Year Resolution Opinion Survey 2005 designed to "investigate awareness and opinion relating to workplace incidents."



[Top 10 Downloads](#)

1. Lifting and Handling Techniques
2. Acts and Regulations to Remember for NEBOSH Certificate
3. Hazard Assessment by Graham Clarke
4. Mnemonics for H & S PowerPoint by Mike Riley
5. The Six Pack by HSfB
6. Mock Practical Observation Sheets
7. Mnemonics for H & S document by Mike Riley
8. Manual Handling by Adams Burt & Associates
9. Management Style Paper 1 Questions by HSfB
10. Working at Height by Mark Sutton

[Stats Jan – so far](#)

Av'g Daily Visits – 612
Max Daily Visits – 1,079
Visits – 13,476
Bandwidth – 9,703 MB
Total Visits – 298,402
Forum Members – 528
News Subscribers – 418



[HCMB Access Consultancy](#)

More News

- 16 January 2006 - [Report Calls for Significant Changes to Corporate Manslaughter Bill](#)
- 15 January 2006 - [New Studies and Research Reports Within HSE Website](#)
- 15 January 2006 - [HSE Guidance on Forklift Truck Non-Integrated Platforms](#)

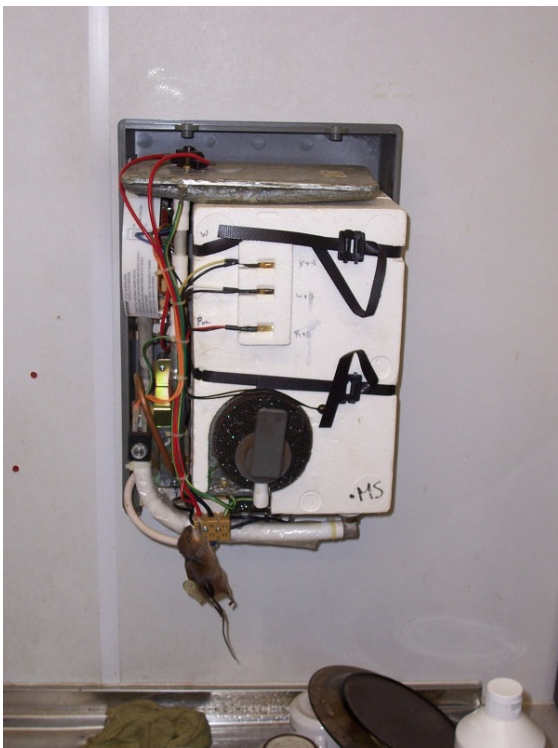
Photo of the Week & Joke of the Week from [Safetyphoto.co.uk](#) and our Forums

With thanks to Stoker at [Safetyphoto](#) for bringing us safety photos, environmental photos, safety case law, books and jokes.

Pet Rat

"In retrospect, lighting the match was my mistake. But I was only trying to retrieve my son's rat." Dick Stone told doctors in the severe burns unit of San Francisco City Hospital. Admitted for emergency treatment after an attempt to retrieve the rat had gone seriously wrong, he explained, "My son left the cage door open, so his rat, Vermin, escaped into the garage. As usual, it looked for a good place to hide, and ran up the exhaust pipe of my motorcycle. I tried to retrieve Vermin by offering him food attached to a string, but he wouldn't come out again, so I peered into the pipe and struck a match, thinking the light might attract him."

At a hushed press conference, a hospital spokesman described what had happened next. "The flame ignited a pocket of residual gas and a flame shot out the pipe igniting Mr. Stone's moustache and severely burned his face. It also set fire to the pet rat's fur and whiskers which, in turn, ignited a larger pocket of gas further up the exhaust pipe which propelled the rodent out like a cannonball." Stone suffered second-degree burns, and a broken nose from the impact of the pet rat. His son was grounded for 6 weeks.



This water heater would not work one morning, the electrician at these premises investigated and discovered this wee fellow had put his foot in it!! True electronic mouse!!

Offers

You can use this space to advertise your services, courses, special offers or anything you like relating to health, safety or environmental issues.

Our newsletter reaches over **400** people who have a direct involvement or interest in health, safety and environmental matters.

Why not advertise in this space and target a growing number of potential clients?

If you would like further information, send a request by clicking here - [Info](#)

HSfB Community Forums

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all FREE....



Notice Board and Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

If you want to use this free Notice Board and Featured Site area, please send an email with a request and you will be placed in the queue for a free advertising spot.

[Trek for Maggie's Cancer Caring Centres – justgiving.com](http://justgiving.com)

Maggie's Centres give ALL those touched by cancer somewhere to go when they need support or advice.

The Challenge thrown down by Maggie's is to raise £3000 then trek for six days up and down the mountains around Cuzco with the goal of reaching Machu Picchu, Peru. We will be walking for approximately 8 hours a day climbing to heights of approximately 4445 metres where we will be subjected to the very real dangers of altitude sickness. This will be no walk in the park and definitely no holiday as I will be there to complete a challenge on behalf of a very worthy cause and a cause that is in high demand.

So come on people - its for an amazing charity who do amazing things for people!! Please dig deep and sponsor me online.

Many thanks for your support - Ian Boslem.

London
Construction
Workers
Forum

HSfB:

"There is no such thing as a "stupid" or "daft" health and safety question!"

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feedback@healthandsafetytips.co.uk

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About Our Organisation...

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM. Our Media/Marketing Coordinator is Alexandra Johnston.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news and legislation.

Health and Safety for Beginners – HSfB

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