

## We hope this issue finds you safe and well.

Welcome to the HSfB fortnightly newsletter. **Our request for volunteers is still on** – We have had a great response so far for volunteers, thank you all very much. The task is a huge one and we are thinking of the easiest, simplest method for checking the materials. If you have any ideas on how to simplify things, please let us know. It all helps.

Would you like to help audit the entire collection of downloads available from HSfB?

**Further information on how you can help is available from our Discussion Forums here:**  
<http://www.healthandsafetytips.co.uk/forums/viewtopic.php?t=4823>

## We hope you enjoy this issue and please feel free to pass it on!

### Building Regulations Part P – By Frank Cooper MIOSH RSP

- A new requirement has been added to Schedule 1 of the Building Regulations. This requirement, 'Requirement P', has been limited to fixed electrical installations in dwellings, with minor works not needing to be notified.
- A new Approved Document P has been published, giving guidance on ways of complying that are based on the fundamental principles set out in Chapter 13 of BS 7671: 200.

These regulations came into effect from January 1st 2005.

The NICEIC (National Inspection Council for Electrical Installation Contracting) website contains some useful information on the new regulations, how they apply to domestic installations and details of the exemptions.

You can read this article in full by clicking the following link: [Your Articles](#)

### Site News Including New Downloads

New feedback added to **Your Feedback** pages.

New **Downloads**: **Safe System of Work for Ladder Use** - by Steve Carey; **Safe System of Work for Step Ladder Use** - by Steve Carey; **Mnemonics for NEBOSH** by Mike Riley; **Mnemonics for H & S** by Mike Riley; **NEBOSH Certificate Case Law** by HSfB

### Site News

### Regulation and Consultation Updates

- The Offshore Installations (Safety Case) Regulations 2005
- The Disability Discrimination (Public Authorities) (Statutory Duties) (Scotland) Regulations 2005
- Draft fire and rescue national framework 2006/08
- Safe Management of Healthcare Waste: A Public Consultation
- Schedule 7 (Consequential Amendments) to the Food Hygiene (England) (No 2) Regulations

### Legislation News

Would you like to advertise your products and services in this newsletter?

If you would like to advertise with us for as little as **£1** per day or see other available packages, send a request to the following email address:

[info@healthandsafetytips.co.uk](mailto:info@healthandsafetytips.co.uk)

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- [A.S.A.T.S](#)
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**ASATS Making sense of safety - having fun whilst we're doing it.**

### RoSPA Urge Bosses to Heed Road Warning

The Royal Society for the Prevention of Accidents (RoSPA), in light of the severe winter weather forecasts for the next few days, are urging bosses to keep their employees' driving duties to a minimum and not to have them travel unnecessarily.

### DRC Celebrate Decade of DDA Progress

The Disability Rights Commission (DRC) are celebrating the progress made since the Disability Discrimination Act 1995 was introduced and hailing it as being *"a huge leap forward in civil rights for disabled people."*

### HSE Consultation Needs Your Views

The Health and Safety Executive (HSE) are asking for your views on alternative penalties for health and safety offences, such as the ones already being used in Europe and Australia.

### HSE Funded Database Aiming to Reduce RSI

A new free Health and Safety Executive (HSE) funded database of court judgements in repetitive strain injury (RSI) cases is available to users who register, with the aim of reducing work related upper limb disorder (WRULD), or RSI as it is more commonly known.

### Is This Really Health and Safety Gone Mad

The decision by Royal Mail's sorting office in Aylesbury to ensure the health and safety of both employees and the public by stopping parking when collecting undelivered mail, has caused anger amongst residents.

### New Research Reports within HSE Website

The Health and Safety Executive (HSE) have published new research reports within their website which you can read via our news article link above.

### HSE Advice Following School Trip Tragedy

Following the tragic death of young Joseph Lister, a pupil at Tadcaster Grammar School, who died on Monday 14 November 2005, whilst on a school caving trip at Manchester Hole in Nidderdale, near Pately Bridge, North Yorkshire, the Health and Safety Executive (HSE) have issued advice to local authorities and education officials.

### ECA Concern Over Construction Safety Schemes

The Electrical Contractors Association (ECA) is concerned over the amount of UK safety pre-qualifications required and suggests they are continuing to cause operational problems for contractors by undermining the promotion of health and safety awareness.

### DRC Film Spotlights Long Term Illness

The Disability Rights Commission (DRC) have released a film, currently being screened in Vue cinemas across the country until Thursday 5th January 2006, with the aim of encouraging the UK's long-term illness workers to "come out" and inform management of their illnesses. By doing this, employees can help employers manage the many "hidden" disabilities within their workforces.

### New Research Reports Within HSE Website

The Health and Safety Executive (HSE) have published new research reports within their website which you can read via our news article link above.

### [Top 10 Downloads](#)

1. Mock Practical Observation Sheets
2. Mock Practical Report
3. Coldrop's Example Practical Exam – Inspection Report
4. Working at Height by Mark Sutton
5. Acts and Regulations to Remember for NEBOSH Certificate
6. Management Style Paper 1 Questions by HSfB
7. Lifting and Handling Techniques
8. The Jane Riley Revision Pack
9. OSHAS 18001 Slideshow by Craig Lydiate
10. Management Style Paper 1 Answers by HSfB

### [Stats November – so far](#)

Av'g Daily Visits - 616

Max Daily Visits - 837

Visits – 17,266

Bandwidth – 6,899 MB

Total Visits – 264,261

Forum Members - 461

News Subscribers - 388



[HCMB Access Consultancy](#)

### Warehouse Incident Highlights Safety Issues

A warehouse incident at premises in Silvertown, London, on Sunday 27 July 2003, in which a young warehouse employee received injuries consisting of a fractured pelvis and crushed vertebra, has prompted the Health and Safety Executive (HSE) to highlight a number of important safety issues in the commercial storage and warehousing industries.

### Reminder of Ladder Week Initiative

Further to Health and Safety for Beginners (HSfB) published article on the Health and Safety Executive's (HSE's) *Ladder Week Initiative* on 14 October 2005, we feel a reminder of this event and its importance should be highlighted once again.

### Photo of the Week & Joke of the Week from [Safetyphoto.co.uk](http://Safetyphoto.co.uk) and our Forums

With thanks to Stoker at [Safetyphoto](http://Safetyphoto) for bringing us safety photos, environmental photos, safety case law, books and jokes.

### Fall from height

A man was sprawled across three entire seats in a theatre. When the usher came by and noticed this, he whispered to the man, "Sorry sir, but you're only allowed one seat." The man groaned but didn't budge. The usher became impatient.

"Sir," the usher said, "If you don't get up from there, I'm going to have to call the manager."

Again, the man just groaned, which infuriated the usher who turned and marched briskly back up the aisle in search of his manager. In a few moments, both the usher and the manager returned and stood over the man. Together the two of them tried repeatedly to move him, but with no success. Finally, they summoned the police. The cop surveyed the situation briefly.

"All right, mate. What's your name?" - "Sam," the man moaned.

"Where you from, Sam?" the cop asked.

"The balcony"



### Offers

You can use this space to advertise your services, courses, special offers or anything you like relating to health, safety or environmental issues.

Our newsletter reaches over 380 people who have a direct involvement or interest in health, safety and environmental matters.

Why not advertise in this space and target a growing number of potential clients?

If you would like further information, send a request by clicking here - [Info](#)

### HSfB Community Forums

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all FREE....



# Notice Board and Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

*If you want to use this free Notice Board and Featured Site area, please send an email with a request and you will be placed in the queue for a free advertising spot.*

## [Shirley Parsons Associates Ltd - www.shirleyparsons.co.uk](http://www.shirleyparsons.co.uk)

Specialist Agent for Health, Safety and Environmental Professionals. With over 27 years of professional experience behind us (in both the HSE field and the recruitment industry), our new venture is quite different. Our focus will be just as much on helping talented candidates to find the right opportunities as it will on helping employers to plan for and select the right talent mix for their organisations. You can find about more about us and apply for our current vacancies on our website.

London  
Construction  
Workers  
Forum

## [Young Worker - www.youngworker.co.uk](http://www.youngworker.co.uk)

Developed and written by RoSPA in association with and funded by Norwich Union, this website aims to provide an online resource to anyone with the responsibility for young people in the workplace and to the young people themselves.

HSfB:

*"There is no such thing as a "stupid" or "daft" health and safety question!"*

## Contact Us – Subscribe/Unsubscribe

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Send your feedback comments here:

[feedback@healthandsafetytips.co.uk](mailto:feedback@healthandsafetytips.co.uk)

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Please be sure to read our [Privacy Policy](#)

### [About Our Organisation...](#)

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM. Our Media/Marketing Coordinator is Alexandra Johnston.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news/events.

**Health and Safety for Beginners – HSfB**

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