

## Introduction – We hope this issue finds you safe and well.

Welcome to the HSfB fortnightly newsletter. The results of our online poll are in and in the process of being compiled for viewing on the site. We asked you if you would subscribe to a free SMS text message alerting system, which would instantly inform you of new additions to our Legislation News page. The response was good and the details of the results will be published in the next issue. Thank you once again for taking part.

Please don't forget that if you have any input into how you would like the newsletter to take shape, let us know and we will all be able to learn and grow for the good of us all.

## We hope you enjoy this issue and please feel free to pass it on!

### Question Time - Courtesy of the Safety and Health Practitioner – SHP

*With the average time spent in each job decreasing and career changes becoming more frequent, making a good impression at interview is not just a skill for those starting out in the world of work. Paul Smith sets out some tips to help make the most of the opportunity that an interview offers.*

There are many different styles of job interview, ranging from an informal chat to a full assessment centre held over a number of days. However, there are some basic guidelines that are valid in most situations, and these we ignore at our peril.

If you don't prepare fully for the interview, you might as well not bother going. Take some time to research the organisation and the role. Remember, the more you come across as understanding the job and seeing yourself in it, the more likely you are to be successful.

You can read this article in full by clicking the following link: [Your Articles](#)

### Site News Including New Downloads

A new article has been published on [Your Articles](#) page with many thanks to [www.shponline.co.uk](http://www.shponline.co.uk) for *Question Time*

Our RSS news feeds and Blogs are beginning to take shape, full details of these will be available shortly, complete with details of what they are in the first place!

### Site News

### Regulation and Consultation Updates

- This weeks issue has too many additions to the legislation news page to fit into this section. Please click the link below to see the additions.
- Four new pieces of legislation have been added to the legislation news page.
- Seven new consultations have been added to the legislation news page.

### Legislation News

Would you like to advertise your products and services in this newsletter?

If you would like to advertise with us for as little as **£1** per day or see other available packages, send a request to the following email address:

[info@healthandsafetytips.co.uk](mailto:info@healthandsafetytips.co.uk)

If you would like to stop receiving these newsletters, simply click on the **Subscribe/Unsubscribe link** at the foot of this newsletter.

### [Contents](#)

[Site News](#)

[Legislation](#)

[News](#)

[Advertise](#)

[News](#)

[Photo & joke of the week](#)

[Notice Board](#)

### [Useful Links](#)

- [A.S.A.T.S](#)
- [enricoSmog](#)
- [Fife Chamber of Safety](#)
- [HCME](#)
- [IonActive](#)
- [Safetyphoto](#)
- [Victorian WorkCover Authority](#)



**ASATS Making sense of safety - having fun whilst we're doing it.**

### Director Receives Custodial Sentence for Avoidable Death

A company Director, Paul White of Drayton, has received a custodial sentence at Norwich Crown Court, following his plea of guilty to a manslaughter charge which caused the death of a 36 year old employee, Mr. Kevin Arnup, at M. W. White Ltd of Ketteringham, Norwich re-cycling plant, in December 2003.

### National Stress Awareness Day and Conference

This year's National Stress Awareness Day, organised by the International Stress Management Association UK (ISMA-UK), will take place on Wednesday 2 November 2005.

### More Skills Needed to Combat Manager Bullying

A research report from the Chartered Management Institute (CMI), published in association with UNISON and ACAS, entitled *Bullying at Work: the experience of managers* has revealed that more skills are needed by managers to combat psychological bullying.

### National Eye Week Survey Highlights Screen Fatigue

This week, 12 September to 18 September 2005, is National Eye Week and a shocking survey, conducted by The Eyecare Trust in conjunction with Optrex, has revealed that screen fatigue affects 9 out of 10 British computer users.

### Wales Healthy Minds at Work Pilot Scheme

Wales is to head a *Healthy Minds at Work* pilot scheme early in 2006, to help workers who suffer stress; anxiety and depression keep their jobs. The scheme also aims to educate employers on the effects of mental health illness and how they could help and tackle discrimination in the workplace by early intervention

### HSE Updated Fact Sheet on Biocides

The Health and Safety Executive (HSE) have published an updated factsheet (issue no 24) on developments in the Biocidal Products Directive (BPD) 98/8/EC and the Biocidal Products Regulations 2001. The factsheet also incorporates the Control of Pesticides Regulations.

### Remember Pushing and Pulling Can Damage

The Health and Safety Executive (HSE) have provided webpages reminding workers and employers that Manual Handling Operations Regulations 1999 (MHOR) do not only apply to lifting and carrying, but also apply to pushing and pulling.

### HSE Events Webpage on Noise and Vibration

The Health and Safety Executive (HSE) Events Webpage holds information on forthcoming roadshows and seminars relating to noise and vibration from hand-transmitted, whole body vibration and low-frequency motion.

### RoSPA Cash for Cars Seminar

The Royal Society for the Prevention of Accidents (RoSPA) will be hosting a seminar on Practical Risk Management of work-related road safety issues facing businesses on 2 November 2005, at Edgeley Park Conference Centre, Stockport.

### DEC Seeks Tougher Penalties if Rules Ignored

The Disability Employment Coalition (DEC) are seeking tougher penalties on companies who ignore the rules on the employment of disabled people.

### [Top 10 Downloads](#)

1. Working at Height by Mark Sutton
2. The Anatomy of an Accident or Hazardous Incident by HSfB
3. Safety Induction by Malcolm Strong
4. Mock Practical Observation Sheets
5. Toolbox Talks by Otto
6. Risk Assessment by Nick Higginson
7. The Jane Riley Revision Pack
8. Management Style Paper 1 Questions by HSfB
9. Lifting and Handling Techniques
10. OSHAS 18001 Slideshow by Craig Lydiate

### [Stats for September](#)

**Av'g Daily Visits = 450**

**Max Daily Visits = 653**

**Visits = 7,662**

**Bandwidth = 6,053 MB**

**Total Visits (approx) =  
217,970**

**Forum Members = 366**

**Newsletter Subscribers  
= 325**



[HCMB Access  
Consultancy](#)

Other articles in our news pages since last issue.

- [HSE Research Report on Older Workers](#)
- [Safety Reps Prepare for National Inspection Day](#)
- [Launch of Redesigned Workers Awareness Webpage](#)
- [RSI Figures On the Increase](#)
- [EU Vote No to Daily RA of Sunlight](#)
- [HSE's Watch Your Step Campaign](#)
- [DEFRA Consultation on Feral Wild Boar](#)
- [Hatfield Crash Corporate Manslaughter Charge Thrown Out](#)
- [Work at Height Advice for Painters and Decorators](#)
- [New Research Report Within HSE Website](#)
- [Slips and Trips Leaflets Available from HSE Website](#)
- [Work Smarter - Change Long Hours Culture](#)

Photo of the Week & Joke of the Week from Safetyphoto.co.uk

With thanks to Stoker at [Safetyphoto](#) for bringing us safety photos, environmental photos, safety case law, books and jokes. Our new regular feature of photo and joke of the week starts here.

## Demolition Job

Three men wanted to join a demolition company, so they all sent there CV's to the MD and asked if they could have a job. The MD said "prove you can blow up a building and tell me how many letters there are in the alphabet, then you can have a job."

So the first man went and blew up a building and said "Sir there are 26 letters in the alphabet." And so the MD gave him a job.

The second man went and blew up a building and said "Sir there are 26 letters in the alphabet." And so he joined the company too.

The third man went and blew up a building and said "Sir there are 24 letters in the alphabet."

The MD said "Why is that?" And the man said "Because I just blew up B&Q."



*Farm Safety*

## Offers

Blood Safety and Quality Regulations event

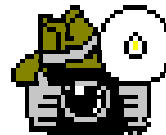
The Medicines and Healthcare products

Regulatory Agency (MHRA) is hosting several seminars about The Blood Safety and Quality Regulations 2005 legislation in late September/early October 2005 across the UK.

Download the MHRA PDF document for further information on dates, venues and a registration form:

[Blood Safety PDF](#)

[MHRA Home Page](#)



[SafetyPhoto](#)

## HSfB Community Forums

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all FREE....

# Notice Board and Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

If you want to use this free Notice Board and Featured Site area, please send an email with a request and you will be placed in the queue for a free advertising spot.

## The Anaphylaxis Campaign

Thousands of people in the UK have life-threatening allergic reactions to peanuts and many other foods. The condition is known as anaphylaxis. The Anaphylaxis Campaign was set up to help them.

The Anaphylaxis Campaign is a membership-based organisation which provides information and guidance, primarily to its members and to potential members, but also to the media, health professionals and food companies. There is also a strong campaigning role, particularly in the areas of product labelling and allergy services.

## Eureka! Learning the Natural Way

Want to add some PIZZAZ to a tired workshop, re-energise yourself or further develop your good trainer skills into extra-ordinary facilitator skills. We have thousands of ideas and techniques for you to implement immediately into your very next workshop - guaranteed to do just that. But rest assured, all our ideas and techniques are backed up with the latest research from the world of learning and neuroscience.

HSfB:

*"There is no such thing as a "stupid" or "daft" health and safety question!"*

## Contact Us – Subscribe/Unsubscribe

Please feel free to contact HSfB if you have any comments, queries or if you would like to advertise with us using the contact details on the left.

If you wish to unsubscribe from this newsletter, do so by clicking the following link:

**[Newsletter Subscribe/Unsubscribe Page](#)**

Alternatively, if you wish to unsubscribe, you can use the following link to send a blank email with the subject heading as UNSUBSCRIBE.

**[Send Email Here, Subject - UNSUBSCRIBE](#)**

Send your feedback comments here:

**[feedback@healthandsafetytips.co.uk](mailto:feedback@healthandsafetytips.co.uk)**

## Your Privacy is Important to Us

Please be sure to read our **Terms and Conditions**

Please be sure to read our **Privacy Policy**

## *[About Our Organisation...](#)*

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM. Our Media/Marketing Coordinator is Alexandra Johnston.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news/events.

**Health and Safety for Beginners – HSfB**

2 Harbour Road, Bo'ness, West Lothian, Scotland, UK, EH51 9LF

**[www.healthandsafetytips.co.uk](http://www.healthandsafetytips.co.uk)**

TEL: 01506 200109 - MOBILE: 07961 138221

E-MAIL:

**[contact@healthandsafetytips.co.uk](mailto:contact@healthandsafetytips.co.uk)**