

19 March 2005
Issue 14

HSfB Newsletter

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- [Central Training Services - CTS](#)
- [Fife Chamber of Safety](#)
- [IonActive](#)
- [Safetyphoto](#)
- [Victorian WorkCover Authority](#)

New Site Downloads

No new downloads since last issue.

If you would like to advertise with us and see our available packages, send a request to the following email address:

[Advertise](#)

Health and Safety for Beginners - HSfB

Introduction

We hope that this issue of our newsletter finds you all safe and well.

100,000 VISITORS!!!

This month has seen the site visits breaking the astonishing figure of 100,000 since the site has started. Amazing to say the least, considering the site was only drawing in 1,000 visits per month one year ago.

Thank you!!

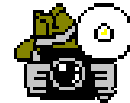
Good Start to Your Articles

Your Articles page has had a good start with the addition of articles from Frank Cooper (more to come) and our latest edition from the Safety and Health Practitioner magazine. IOSH have kindly allowed us to publish an article (which you can read below) to try and help with setting up the IOSH proposed work experience programme.

We hope you enjoy this issue, feel free to pass it on to colleagues.



ASATS Making sense of safety - having fun whilst we're doing it.



SafetyPhoto

Your Articles - The first rung of the ladder

WORK EXPERIENCE PROGRAMME – Ref: SHP Magazine March 2005

One of the hardest challenges health and safety professionals face when starting on their career in occupational safety and health is getting initial experience after qualification.

Taking that first step can be problematic, often because employers are looking for more experienced personnel to take up a crucial full-time role. This can leave many newly qualified professionals asking 'just how do I get my break, then?'

To tackle this problem, IOSH is exploring the possibility of setting up a health and safety work experience programme. The scheme would offer graduates or students needing vital operational experience a fast-track approach to designated organisations offering placements.

A pilot scheme is planned for this year, but to make it a success we need an extensive range of employers willing to commit their resources to support would-be professionals. If your organisation is interested in offering work experience placements, please contact Hazel Harvey, at hazel.harvey@iosh.co.uk, or IOSH, The Grange, Highfield Drive, Wigston, Leicestershire, LE18 1NN, UK.

President elect, Neil Budworth, said: "We should be looking to help new practitioners get a foot on the ladder by sharing our knowledge with them."

Click this link to read more of your articles: [Your Articles](#)

[Regulation Corner](#)**New Legislation**

**Road Transport
(Working Time)
Regulations 2005**

New Consultations

*No new
consultations since
last issue.*



18 March 2005 – WAH Reg's Due in April

New Work at Height Regulations Enforceable in April 2005

The new Work at Height Regulations 2005 (S.1.2005 No 735), after having a second consultation and announced in Parliament, will come into force on Wednesday 6 April 2005.

The new regulations are aimed at reducing the number of fatalities in the workplace attributed to falls from heights which account for the single, largest cause of deaths in the workplace.

Click this link for the full story [more....](#)

17 March 2005 – New Research Reports from HSE

New Research Reports Within HSE Website

The Health and Safety Executive (HSE) have produced various new Research Reports within their website as follows:

- [RR323 - Obstacles to Recovery from Musculoskeletal Disorders in Industry](#)
- [RR324 - Wave Slap Loading on FPSO Bows](#)
- [RR325 - Cost effective structural monitoring - An acoustic method, phase II](#)
- [RR333 - An experimental investigation of bund wall overtopping and dynamic pressures on the bund wall following catastrophic failure of a storage vessel](#)

Further information and full reports can be accessed by clicking each link.

16 March 2005 – DEFRA Update on Nanotechnology

DEFRA Update on Nanotechnology

An update on nanotechnology and nanoscience is now available on the Department for Environment, Food and Rural Affairs' (DEFRA's) website, offering answers to visitors about nanoscience and nanotechnology. It is the first in a series of science notes available as part of the National Science Week running from 11 to 20 March 2005.

The Trades Union Congress (TUC) and other organisations have in the past held concerns about exposure of nanoparticles with regards to the tiny particles which may affect the safety of employees, if inhaled and absorbed.

Click this link for the full story [more....](#)

16 March 2005 – HSE/ACAS Stress Training Event

HSE and ACAS Training Event for Reducing Stress and Absence at Work

A training event, Reducing Stress and Absence at Work, held by the HSE and ACAS will take place tomorrow, Thursday 17 March, at The Parsonage Hotel, Escrick, York. This will be the first of two half-day sessions. The second will take place on 12 May at Cedar Court Hotel, Wakefield.

The training sessions are aimed at providing employers with knowledge and practical skills necessary for the prevention and handling of workplace stress and absence.

Estimations by the HSE show 13.4 million working days were lost through stress, depression and anxiety in 2001.

Click this link for the full story [more....](#)

15 March 2005 – Microwave Technology Detects Rail Obstructions

Microwave Technology Detects Rail Obstructions

A new microwave technology for detecting obstructions on railway tracks, used in the United States of America (USA), is being advocated by the Associated Society of Locomotive Engineers and Firemen (ASLEF).

With 80 trains in the UK having collisions with track obstructions each day, as reported by ASLEF, application of the new technology in the UK would be of great benefit in reducing potential obstruction disasters.

[Click this link for the full story more....](#)

15 March 2005 – New Reg's on Working Time for HGV/PSV Drivers/Crew

New Regulations on Working Time for HGV PSV Drivers and Crew

In a bid to attract new recruits to the transport industry, new regulations on the Road Transport (Working Time) Directive (2002/15/EC) will mean EU working time will cover the UK. The Directive will come into force on 4 April 2005.

The main new regulations will be as follows:

- Weekly working time is limited to an average of 48 hours (normally calculated over a 4-month reference period).
- A maximum of 60 hours' work can be performed in a single week, so long as the average 48-hour limit is maintained.
- Night workers are restricted to 10 hours' working time in any 24-hour period.
- There are new requirements relating to breaks that workers must be allowed.

[Click this link for the full story more....](#)

11 March 2005 – IOSH Article on Possible Work Experience Programme

IOSH Article on Possible Work Experience Programme

The Institute of Occupational Safety and Health (IOSH) have kindly provided an article for Health and Safety for Beginners' (HSfBs) "your article" page, entitled "*The first rung of the ladder*".

The article explains the possibility of IOSH setting up a work experience health and safety programme for newly qualified health and safety professionals.

IOSH intend to set up a pilot scheme, whereby employers would be asked to make provision for work experience, by offering placements to graduates or students.

Details of which can be found on this news article and in this weeks issue of our newsletter.

[Click this link for the full story more....](#)

9 March 2005 – HSE Report on School Trip Tragedy

HSE Report on School Trip Tragedy

The Health and Safety Executive (HSE) have published a report on school trips, as a result of the death of the 10 year old boy, Max Palmer in the Lake District in 2002. The young schoolboy was on a school outing when the tragedy occurred.

The HSE back the educational value of school trips and have published the report aiming at providing practical advice to anyone who has a role to play in the organisation of such outings.

A very extensive investigation, by Cumbria Police and the HSE, took place at Glenridding Beck as a result of this tragedy...

[Click this link for the full story more....](#)

HSE's Head of Operations in the North West, Mr. Peter Baker: "This tragedy should not cloud the fact that the vast majority of educational visits are excellently run by committed and professional teachers."

HSfB:

“There is no such thing as a “stupid” or “daft” health and safety question!”

9 March 2005 – HSE RIA on Optical Radiation Dir’

HSE Publish RIA on Optical Radiation Directive

The Health and Safety Executive (HSE), as a result of an EU proposal for a Physical Agents (Optical Radiation) Directive, have published an initial regulatory impact assessment (RIA) explaining the EU Directive, which was presented to a European Council meeting in July 2004.

A sequence of Physical Agents Directives amending the European Commission's 1993 original proposal covering, vibration, noise, electromagnetic fields and optical radiation have taken place. This Directive is the fourth.

[Click this link for all four report links more....](#)

9 March 2005 – HSE Study – Motivational Compliance

HSE Study Reveals Motivational Reasons for Employers Compliance with H & S

A study undertaken by the Health and Safety Executive (HSE) reveals what motivational factors make employers comply with laws on health and safety within their workplaces.

Over 1,700 employers took part in the survey. The results will be used by

the HSE and local authorities for prioritising areas in the delivering of the Health and Safety Commissions' strategy to 2010.

The strategy used at the moment for improving health and safety in the workplace is

encouragement, persuasion, assistance and enforcement. However, this latest research highlights that no single level approach is effective for all organisations.

[Click this link for the full story more....](#)

“This research shows that many employers understand the benefits of good standards of health and safety management and are well motivated to manage the risks they face.”

HSE Director General,
Mr. Timothy Walker.

8 March 2005 – HSE Blitz Reaches Cambridge

HSE Inspection Blitz Reaches Cambridge

As part of their ongoing campaign, Health and Safety Executive (HSE) Inspectors and Environmental Health (Safety) Officers (EHO's) from Cambridge City Council will visit Cambridge business premises commencing on Monday 14 March 2005. The Inspectors will provide advice and guidance to employers, in order that they can address problem health and safety management and control areas within their workplace.

[Click this link for the full story more....](#)

7 March 2005 – Corporate Killing Bill, 2nd Reading

Families of Victims Plea as Corporate Killing Bill has Second Reading

Families of victims who were either injured or killed as a result of workplace health and safety incidents wrote to Jane Kennedy, Minister of State and all MP's prior to last Fridays' second reading, which took place in the House of Commons, on the proposed Health and Safety (Directors' Duties) Bill.

All the families, bar one, who is now permanently disabled, have had a bereavement, due to accidents within the workplace. Many of these families had involvement with prosecutions for their tragic losses, but no director was held responsible, nor convicted of corporate killing.

[Click this link for the full story more....](#)

Mr. Stephen Hepburn
MP for Jarrow:

“This issue touches every constituency. The safety of workers and the British public should be a top priority for every company and every director.”

Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

ITsafe

IT Security Awareness For Everyone

ITsafe is a government service, designed to provide both home users and small businesses with proven, plain English advice to help protect computers, mobile phones and other devices from malicious attack. It consists of both the Advice on this website, and a low-volume Alerting Service.

Very useful site for everyone, no matter what level of pc knowledge you have.

www.moneysavingexpert.com

It's about saving money on anything and everything – finding the best deals and beating the system. There are pejorative articles and guides detailing the best methods and products, plus the Chat Forum is a focus for tens of thousands of MoneySavers discussing the ultimate deals and helping each other save.

Plenty of tips for bargain hunters everywhere!

[HSfB Community Forums](#)

Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all FREE....

HSfB Site Statistics for March 2005 – So Far

Top 10 Downloads

- | | |
|---|--|
| 1. The Jane Riley Revision Pack | 7. HSWA - Main Sections Summary for NEBOSH Cert |
| 2. OSHAS 18001 Slideshow by Craig Lydiate | 8. Management Style Answers - Paper 1 |
| 3. Lifting and Handling Techniques | 9. Quick Facts Health & Safety Management PowerPoint Presentation - POIMAR |
| 4. Working At Height by Ron Bonner | 10. Fork-Lift Trucks by HSfB |
| 5. NEBOSH Exam Hints & Tips by Jane Riley | |
| 6. Management Style Questions - Paper 1 | |

Top Ten Pages Visited

1. Downloads
2. Revision
3. Downloads – Documents
4. Downloads – PowerPoints
5. Toolbox Talks
6. Revision Aids by Jane Riley
7. Legislation News
8. Quick Revision Tips
9. News
10. Downloads – Miscellaneous

Top 5 Browsers

1. **MS Internet Explorer**
2. **FireFox**
3. **Safari**
4. **Mozilla**
5. **Netscape**

Stats for March (so far)

Average Daily Visits = 450

Max Daily Visits = 755

Visits in March so far = 8,105

Bandwidth (March) = 6,759MB

Total Visits (approx) = 105,615

Forum Members = 218

Newsletter Subscribers = 190

Health and Safety for Beginners - HSfB

2 Harbour Road
Bo'ness
West Lothian
Scotland
UK
EH51 9LF

PHONE:
01506 200109

MOBILE:
07961 138221

E-MAIL:
contact@healthandsafetytips.co.uk

Web Site:

www.healthandsafetytips.co.uk

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About Our Organisation...

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news/events.



Health and Safety for Beginners - HSfB

2 Harbour Road
Bo'ness
West Lothian
Scotland
UK
EH51 9LF

www.healthandsafetytips.co.uk

