

6 November 2004  
Issue 5

# HSfB Newsletter

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## Useful Links

- [A.S.A.T.S](#)
- [Fife Chamber of Safety](#)
- [IonActive](#)
- [Safetyphoto](#)

## New Site Downloads

New revision aids added to the [Revision page](#) by Craig Lydiate of

## Eighty20 Consulting Employee Risk Management

Manual handling, OSHAS 18001 and risk assessment

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## Health and Safety for Beginners - HSfB

### Introduction

Welcome to our new look newsletter for Health and Safety for Beginners.

You may have noticed from our site statistics section in the newsletter that our total figures of site visitors for last month, has broken the ten thousand mark. In total, we had 10,809 visitors to the site in October.

These figures have smashed all targets for the main site since the start in

February this year, and because of this, the site has already been upgraded to cope. The new face of HSfB is also in the making, with plans to launch early 2005.

So, a great big thank you to each and every one of you who help make it all possible.



**ASATS Making sense of safety - having fun whilst we're doing it.**

**Straightforward, flexible solutions for managing your health & safety needs.**

### Do You Have Any Study Aids/Tips?

As part of our continuing commitment and goal to provide beginners to the health and safety field free additional tools and advice for studies, we are seeking even more material from our visitors. Do you have any revision aids or tools that you have found useful in the past that you would like to share? It can be anything from one or two tips and hints, to full blown documents that give a better understanding to OSH management or risk assessment.

If you have anything at all, please contact us via any of the means at the foot of this newsletter. You will of course be given full accreditation for your material if you wish.

### Thanks for Taking Part in Our Bullying Survey

We would very much like to thank all of those who participated in our bullying survey over the last few weeks. We obtained 101 anonymous contributions in total. The figures are being examined and a report is being prepared out of interest which will be published shortly.

The results and the report containing the survey will be published on the site in the coming weeks and will be displayed on this page: [Click here for survey results.](#)

## 5 Nov 2004 – New Research on Slippery Floors

### HSE Model for Assessing Slipperiness of Floors

A new free leaflet has been released by the Health and Safety Executive (HSE) - **The assessment of pedestrian slip risk - the HSE approach.**

The Health and Safety Laboratory (HSL), on behalf of the Health and Safety Executive (HSE) have conducted research using a "slip potential model", in order to assess the slipperiness of floors.

Slips trips and falls on level floors account for at least 35,000 injuries each year, with the majority, according to statistical figures by the HSE, being slips.

Assessment and quantification, using the model, of various types of slips, such as, contamination, pedestrian factors, cleaning, environment etc., provides a robust test method not only within the workplace, but also in public places and can be used in both laboratory-based assessments and on installed floors.

These instruments have assisted the HSE and Local Authorities in enforcement, improvement notices and prosecution.

The new free leaflet on the HSE web site can be accessed by clicking the following link: [The assessment of pedestrian slip risk - the HSE approach](#)

Article by Alexandra Johnston

## 5 Nov 2004 – New Guidance by HSE, Major Hazards

### New Guidance by HSE on Leadership of Major Hazards

Major hazard industries, such as railways, chemical manufacture and storage industries etc. can create health and safety risks for many people within their proximity. HSE produces new guidance for directors and senior managers.

Click this link for the full story [more....](#)

## 5 Nov 2004 – New Guidance on Delivering Safely

### New Guidance by HSE on Delivering Safely

The HSE has produced new guidance for the co-operation between suppliers, carriers, and recipients of goods delivered or received.

Click this link for the full story [more....](#)

## 4 Nov 2004 – Results of Consultation on Stress

### HSE Results of Consultation on Management Standards for Stress in the Workplace

In May 2004, the Health and Safety Executive (HSE) launched a consultation, proposing a reduction of work-related stress in the workplace. The broad consensus of the consultation showed that the Management Standards were achievable in workplaces.

Click this link for the full story [more....](#)

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*"The law requires that floors must not be slippery, so as to expose any person to a risk to their safety (The Workplace (Health, Safety and Welfare) Regulations 1992)."*

### New Legislation

No new legislation has been passed this issue.

### New Consultations

New consultation document added to the Legislation News page:

**HSC Launch 6 Week Consultation on 2 Metre Rule for Work at Height Regulations**

## 3 Nov 2004 – UK Stress Awareness Day

### UK Stress Awareness Day

As a follow up to a previous HSfB news story on the TUC's biennial survey, Stress in the Workplace, which is part of the Working Well Together (WWT) campaign, we are happy to report the International Stress Management Association UK (ISMAUK) have organised a stress awareness day, today 3 November 2004, with events planned around the country on the theme of Working Together to Reduce Stress at Work.

The main focus is the HSE's new management standards and toolkit on work-related stress.

Click this link for the full story [more....](#)

## 2 Nov 2004 – TUC Survey Shows Increase of Stress in the Workplace

### TUC Survey Shows Increase of Stress in the Workplace

A survey, undertaken by the Trades Union Congress (TUC), has been released and shows 3 in every 5 workers now complain of stress in the workplace, which is 2% higher than in 2002. This is the 5th biennial survey researched by the TUC. The number of safety reps consulted was 4,521.

Click this link for the full story [more....](#)

## 30 Oct 2004 – Three Year Campaign to Target Manufacturing

### HSE Launch Three Year Campaign Targeting Manufacturing Industries

A new enforcement led campaign has been launched by the Health and Safety Executive (HSE), which will run throughout the UK for a period of 3 years, aimed at reducing the unacceptably high amount of serious injuries and fatalities within manufacturing industries.

The main cause of fatalities and serious injuries within these industries is due to the cleaning of machinery, releasing of blockages, or when running repairs are being carried out without the correct safeguards being in place. Industries being targeted will be the scrap metal industry, rubber industry, and the paper and wood industry.

Click this link for the full story [more....](#)

## 29 Oct 2004 – DWP Framework on Vocational Rehabilitation Programme

### DWP Framework on Vocational Rehabilitation

The Department for Work and Pensions (DWP) has launched an initiative, by means of a framework, for stakeholders, to help with the development of the government's Vocational Rehabilitation (VR) programme. The aim of the VR is to assist in the return and access to work of people who have a health condition or injury, which may be perceived as being a stumbling block to remaining in, or returning to the workplace.

The government's framework for VR aims to provide direction and leadership for stakeholders.

Click this link for the full story [more....](#)

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*Minister for Work, Jane Kennedy:*

*"...in the context of Employers' Liability Compulsory Insurance, more could be done to minimise the effects of illness caused or made worse by work activities."*

## 28 Oct 2004 – New HSE Site, Managing Absence

### New HSE Web Site Area - Managing Sickness Absence and Return to Work

The Health and Safety Executive (HSE) has launched a new web site area called: *HSE - Managing Sickness Absence and Return to Work*.

The aim of the web site is to guide employers, employees and representatives into working with each other to manage absences through long term sickness and to help those that are currently off with and illness, back to work. The web site takes a step-by-step approach and offers advice with various sources of help and advice.

The costs of long term sickness to UK business is over £3.8 billion a year and represents only 5% of absence cases, but accounts for 33% of working days lost (*CBI, 2004*).

Click this link for the full story [more....](#)

## 26 Oct 2004 – HSC Extends Consultation on 2m Rule

### HSC Launch 6 Week Consultation on 2 Metre Rule for Work at Height Regulations

The Health and Safety Commission (HSC) has launched a 6 week consultation on the *Work at Height Regulations* with regards to the 2 metre rule within the construction industry.

There have already been responses by 750 people

and organisations, but as there may be implications to other stakeholders outwith the construction industry, an extension to the consultation is being provided in order to gather all viewpoints before the HSC make their final decision.

The consultation period is **from Monday 25 October 2004 until Friday 3 December 2004** and results presented on 7 December 2004 to the HSC for their decision.

Click this link for the full story [more....](#)

## 25 Oct 2004 – Extended Time, Mark 1 Rolling Stocks

### More Time Agreed for Mark 1 Rolling Stocks' Withdrawal

As we reported on 6 July 2004, the Mark 1 rolling stock, or "slam-door trains", built in the 1960's 1970's were to be withdrawn under legal obligations from *Railway Safety Regulations 1999* by January 2003.

The Health and Safety Executive (HSE) at that time proposed that an exemption, for a limited period "should be conditional on the industry agreeing a withdrawal programme in advance with the HSE".

Click this link for the full story [more....](#)

## 23 Oct 2004 – New Guidance, Stepladder Usage

### New Guidance Published by ECA on Stepladder Usage Alternatives

The Electrical Contractors' Association (ECA) has published guidance, in an effort to eliminate or reduce the risk of falls from stepladders to engineering contractors and electricians. The publication is the contribution by the ECA to the European Week for Health and Safety at Work.

Click this link for the full story [more....](#)

HSfB:

*"There is no such thing as a "stupid" or "daft" health and safety question!"*

Bill Callaghan:

*"The Commission is keen to address this issue and make its recommendations to Ministers by Christmas. This is why the consultation period lasts only six weeks, ending 3 December 2004."*

Article abstract:

*"...regular progressive withdrawals of the Mark 1, as soon as is reasonably practicable, but not exceeding the final date of 30 November 2005"*

## Featured Web Sites

Within each issue of the HSfB newsletter, we will be featuring web sites that may be of interest to you.

### International Campaign for Justice in Bhopal

*“Shortly after midnight poison gas leaked from a factory in Bhopal, India, owned by the Union Carbide Corporation. There was no warning, none of the plant's safety systems were working. In the city people were sleeping. They woke in darkness to the sound of screams with the gases burning their eyes, noses and mouths. They began retching and coughing up froth streaked with blood”.*

### Eighty20 Consulting Employee Risk Management

In today's business environment, the effective management of employee risk is more important than ever. The employees of any organisation are its most important asset and are unique in that they increase in value with appropriate investment.

We help our clients maximise this area of business risk by working in partnership to identify areas for improvement around safety, health and human capital management.

### HSfB Community Forums

**Why not come along and search our community forums to answer your queries or check out our H & S comedy section, you could even register and be part of our ever growing friendly health and safety discussion board. Click this area to go directly there, it's all FREE....**

## HSfB Site Statistics This Month & Last Month

### Top 10 Downloads

- |  |   |
|--|---|
| 1. Provision and Use of Work Equipment Regulations 1998 – PowerPoint | 6. NEBOSH Exam Hints & Tips by Jane Riley                       |
| 2. Management Style Questions - Paper 1                              | 7. NEBOSH Certificate – Fire Safety by Terry Robson. PowerPoint |
| 3. Hazards Style Questions - Paper 1                                 | 8. Hazard Style Answers - Paper 2                               |
| 4. Hazard Style Answers - Paper 1                                    | 9. Management Style Answers - Paper 2                           |
| 5. Management Style Answers - Paper 1                                | 10. Management Style Questions - Paper 2                        |

### Top 10 Pages Visited

1. Downloads
2. Revision
3. Revision Aids by Jane Riley
4. Toolbox Talks
5. Practice Q's and A's
6. News
7. PowerPoint Presentations by HSfB
8. Legislation News
9. PowerPoint Presentations by Other People
10. Misc' Downloads

### Top 5 Browsers

1. **MS Internet Explorer**
2. **Mozilla**
3. **FireFox**
4. **Opera**
5. **Netscape**

**Average Daily Visits = 351**

**Max Daily Visits (Nov) = 457**

**Visits This Month so far = 2107**

**Total Visits Last Month = 10,809**

**Bandwidth (Nov) = 1409GB**

**Total Visits Ever = 56,416**

## Health and Safety for Beginners - HSfB

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### About Our Organisation...

Our status is a not-for-profit Sole Trader, which is owned, managed and financed by John Johnston AIIRSM.

Our principal functions and activities are to provide continuing advice to beginners in the health and safety field, links to various employment agencies which highlight health and safety careers, links to various training companies for health and safety and also to update professionals on current health and safety news/events.



# HSfB

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